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Refer to guidance notes for completion of each section of the specification.

<b>Module Code:</b>	HLT421
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<b>Module Title:</b>	Fundamental of Social Prescribing
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<b>Level:</b>	4	<b>Credit Value:</b>	20
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<b>Cost Centre(s):</b>	GAPL	<b>JACS3 code:</b>	B900
		<b>HECoS code:</b>	

<b>Faculty</b>	SLS	<b>Module Leader:</b>	Justine Mason
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Scheduled learning and teaching hours	15 hrs
Placement tutor support	0hrs
Supervised learning eg practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
<b>Total contact hours</b>	<b>15 hrs</b>
Placement / work based learning	
Guided independent study	185 hrs
<b>Module duration (total hours)</b>	<b>200 hrs</b>

<b>Programme(s) in which to be offered (not including exit awards)</b>	Core	Option
Stand alone delivery only. To be aligned to BSc (Hons) Mental Health and Wellbeing for QA and assessment purposes.	<input type="checkbox"/>	<input type="checkbox"/>

<b>Pre-requisites</b>
None

<b>Office use only</b>	
Initial approval: 09/10/2019	Version no:1
With effect from: 01/01/2020	
Date and details of revision:	Version no:

**Module Aims**

The module aims to facilitate an appreciation of the theoretical underpinnings of social prescribing in the context of current economic and societal health drivers. It further aims to enable the learner to identify the skills and approaches needed to engage individuals in health and wellbeing initiatives.

**Module Learning Outcomes - at the end of this module, students will be able to**

1	Understand the political and socioeconomic influences on physical and mental health
2	Identify areas where behaviour change principles may be applied and select an appropriate technique to do so
3	Describe the features of social prescribing and the range of activities that it might encompass
4	Demonstrate an awareness of the professional and interpersonal conduct required when working in a social prescribing role

<b>Employability Skills The Wrexham Glyndŵr Graduate</b>	<b>I = included in module content A = included in module assessment N/A = not applicable</b>
<i>Guidance: complete the matrix to indicate which of the following are included in the module content and/or assessment in alignment with the matrix provided in the programme specification.</i>	
<b>CORE ATTRIBUTES</b>	
Engaged	I
Creative	IA
Enterprising	IA
Ethical	I
<b>KEY ATTITUDES</b>	
Commitment	I
Curiosity	I
Resilient	I
Confidence	I
Adaptability	I
<b>PRACTICAL SKILLSETS</b>	
Digital fluency	IA
Organisation	IA
Leadership and team working	I
Critical thinking	IA
Emotional intelligence	I
Communication	IA

**Derogations**

None

**Assessment:**

Indicative Assessment Tasks:

During the course of the module students will complete a portfolio of work, including:

- A discussion forum on the background and context of social prescribing (500 words).
- A case study exploring the theoretical underpinnings for social prescribing (1,000 words).
- A reflective essay considering the skills needed to work in social prescribing (1,000 words).

The elements of the portfolio might be subject to change to reflect any new developments in Social prescribing.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1, 2, 3, 4	Portfolio	100

**Learning and Teaching Strategies:**

Lectures, multimedia, online discussion forums, service user stories, group discussion

**Syllabus outline:**

The lonely society and consequences for health  
 5 ways to wellbeing  
 The social and economic context of social prescribing in Wales  
 Social prescribing – where to and when  
 Professional conduct  
 Models of behaviour change  
 Communication skills for social prescribing  
 Engaging in brief advice  
 Principals of motivational interviewing  
 Principals of solution focused approaches

<b>Indicative Bibliography:</b>
<b>Essential reading</b>
Moss, B (2017) Communication skills in health and social care 4th ed Los Angeles: Sage Barry, A and Yuill, C (2016) Understanding the sociology of health London: Sage
<b>Other indicative reading</b>
The National Association of Link Workers <a href="https://www.connectlink.org/">https://www.connectlink.org/</a>